

Anita Vallabh Ph.D

Email: anitavallabhofficial.com

Location: United States

Roles: Creative Director, SarangArts for Social Justice | Founder & Editorial Curator, Global Indian Artist LLC | Cultural Advisor, BCTindia.org | Dancer, Critic, and Author

Affiliate Faculty, Theatre and Dance Department, University of Hawaii (2011–present)

Adjunct Professor, Dr. MGR-Janaki College of Arts and Science for Women, Chennai

Education

- 2017 – Certified Yoga Teacher (500 hrs), Himalayan Institute, Poconos, PA
- 2005 – Bachelor of Education, Bhartiya Shiksha Parishad, Uttar Pradesh
- 2002 – Doctorate of Philosophy, University of Madras, Chennai
- 1992 – Master of Arts in Sociology, Annamalai University
- 1988 – Bachelor of Arts in Sociology, Stella Maris College, Chennai

Selected Projects

- 2025 – Arts for Social Justice: “Your Voice. Your Vision. Youth in Arts.” Milton Academy
- 2025 – Milton Asian Indian Celebration – Performer
- 1996–2001, 2023 – Workshops for BCT Model High School and South Indian village students under BCTIndia.org
- 2013 – Suzani: A Weaving of Traditions (cross-cultural collaboration in Hawaii)
- 2005 – Movements in Space (ASD intervention program, Bangkok)

Teaching & Workshops

- 2019 – “Ashta Nayika” workshops in South Africa, Harrisburg (PA), and San Jose (CA)
- 2017 – “Yoga for Dancers,” Mudra Dance School, San Jose
- 2015 – “Shakti” workshop and lecture at Stanford University and Mid-Pac Institute, Hawaii
- 2014 – Workshops at Shree Academy (Harrisburg), Jayendra Kala Kendra (SF), and Darshini Natyalaya (Atlanta)
- 2012 – Silk Road Project workshops and performances in Geneva, Milan, Venice
- 2011 – Artist-Scholar, University of Hawaii (Theatre & Dance)

Books

- 2024 – You Are Your Desires. How an ancient Indian wisdom template will help you tap into your desires and shape your destiny. Notion Press
- 2012 – Abhinaya Darpanam: An Illustrated Translation, B.R. Rhythms
- 2008 – Message in Movements: The Essence of Bharatanāṭyam, Samata Books

Lectures & Academic Presentations

- 2013 – “Padma-Aja: Allegory of the Lotus,” Univ. of Hawaii
- 2011 – “Historical Narrative in Gita Govinda,” Universidad Veracruzana, Veracruz
- 2010 – “Nayika: An Experience of Love,” Univ. of Hawaii
- 2005 – “Ramayana in Bharatanatyam,” Intl. Sanskrit Conf., Bangkok
- 1996–2000 – Talks in Japan, USA, Myanmar, and India on South Asian dance, communication, cross-cultural links

Awards & Honors

- 2011 – Certificate of Honor, Council of City and County of Honolulu
- 2002 – Title: Bharatanāṭya Prachāramani, Tamil Association in Myanmar
- 1992–93 – National Award for Best Dancer, Kala Bhārati, National Hindi Academy, Calcutta

Community Engagement

Upcoming Performance for Mid-Autumn Lantern Festival, hosted by the Cultural Empowerment Organization, Randolph, MA (2025)